



- ~Be ok with paper plates if that's what works for you. ( you can even sing opera while grabbing them... faaaa-laaaa!!)
- ~Be ok with not worrying what others may think ( this goes for most everything in life)...
- ~Be ok with laughing it off... it's so much more fun than the alternative!
- ~Be ok with "last minute"... (yes, planning is swell), but sometimes you just gotta wing it... tra-la!!
- ~Be ok with not getting involved with every last thing that everyone needs you to do... especially if it means you are losing more of "you" along the way..
- ~Be ok with another cup of tea, or another fork full of pie or another hour with your book...or that nap you are wanting so badly!
- ~Be ok with the truth of a situation and not getting worried about how everything will work out...oddly things work out, and you will too...
- ~Be ok with not being perfect, or seeming perfect or wanting to BE perfect... perfect is vanilla anyway... and YOU my love are not vanilla.
- ~Be ok with beginnings and endings... they both mean new windows of opportunity... and that is exciting ( it helps when you see things this way!)
- ~Be ok with simple... simple can be wonderful in so many ways... and eye opening.
- ~Be ok with showing your true fabulous colors... if not now... when?
- ~Be ok with how others handle things, let's face it...you can't control them anyway... so just "be you"... and let them be them"... ( doesn't that feel better for everyone?)
- ~Be ok with trying new things your way, even if you are still working to figure them out... you eventually will, and you'll be better for it.
- ~Be ok with every box "not" being labeled, every drawer not being organized and every bow not being tied to precision ( you may have just added 5 years to your life...)
- ~Be ok with just waiting to see... what happens next..and how you fit into all of it....
- ~Be ok with some grey hair, a few wrinkles and a bit of jiggle here and there... every one has it to some degree... it's just a matter of how you see yourself with it.
- ~Be ok with having to fight for what you want, sometimes you need to get in there and stand on your chair sister... ( I'll be cheering you on...!)
- ~Be ok with your choices... or change them... there is no limit on change... how freeing is that!